

WISCONSIN REGIONAL SERVICE CONFERENCE MINUTES

DATE: July 18th, 2009 PLACE: Reedsburg, WI

Area Round Table Discussions

- A. Current Cycle - Scenic Bluffs – Burnout and Boundaries
- B. Next Cycle – Upper Peninsula – Trusted Servants Funding

OPENING:

- A. Recovery Meeting – meeting did not happen
- B. Beginning of Conference Moment of Silence @ 10:12 am
- C. Reading of The Servant Worker's Prayer
- D. Introductions
- E. Roll Call: 11 of 16 active areas present at first roll call
- F. 7th Tradition
- G. Reading of the 6th Concept
- H. Special Business –
 - 1. Nancy has 15 years clean
 - 2. Chicago Regional Rep attended WRSC to talk about an outstanding bill from 2007 for literature ordered by the office. Called Deb and let the two of them talk, office will discuss at upcoming meeting.

TRUSTED SERVANTS REPORTS:

A. FACILITATOR: Bob C

I am happy to be of service, I hope the agenda works well.

B. VICE-FACILITATOR: Greg M

Greeting Wisconsin Regional Service Conference: Addict named Greg: This month I really have nothing to report other to truly thank Billy O. for his efforts in putting out our new regional meeting list. I really did not realize all the work in putting that together so again Billy thanks. Hopefully by the next run I will be equipped to do it.

I also realize we have several open position I need this to assist me with my duties to fulfill those position hopefully nothing has been missed. As new Vice-Facilitator I am still learning so you experience member I need your help. So if I have neglected one of my responsibilities please talk with me at the break.

ILS, Greg M

C. JANUARY SECRETARY: Linda C

Morning everyone I am glad to be here I don't have anything to report. But I do need to say the same old, same old thing: I will pass around a contact list please make changes on the open 3rd page, not try and squeeze little itty bitty words in between the printed words that I can not read.

In Loving Service, Linda C

D. JULY SECRETARY: Deb W

Absent – sent notice to Jan Sec that would not accept a nomination in July to continue this position.

E. TREASURER: Debbie H

Hello Family! Donations are up!!! We received \$4216.94 and only spent \$2289.36. Woo Hoo!

The subcommittee spreadsheet should reflect all the new budgets, if anyone sees an error, please let me know. Tim Z from our host area this weekend, called and left a message that they were not going to be requesting any funds for our meeting place. They are fully funding us because they have not made a contribution in a long time. They are also providing lunch! Lets all give Scenic Bluffs a big “Woo Hoo”!!

I have nothing huge to report this time. I am not even going to get on my soapbox about donations. I do hope that the RCM's did mention to their area's the idea to donate a set amount or set % each time they meet.

Look forward to hearing any feedback.

I don't know if anyone has noticed, but our bank fee from M&I is \$45 per month. I looked to see if we could get a –0– fee account, and we can. The problem is the \$45 that M&I takes out of each month is not for services it is for having two signers on each check. Two signers are for the safety of this Region's funds. I would like to propose though, that we try switching the type of account to only one signature on a check. We can still have multiple people as signers; just two don't have to endorse each check written. This does take away, the second set of eyes as money leaves, but I think we could set up an alternative, such as the checks being initials under the comments or something. We would be saving \$540 per year. I also can add a copy of the bank statement to each report I submit, that way everyone can see that what is on the report matches the bank. There is no cost to try, the checks are fine to use with one or two signatures. The account will stay the same so we won't need new checks. It is an internal code change the bank will do.

I will be turning this in as a motion, unless this body wants to approach it in another way.

In Loving Service, Debbie H

F. VICE-TREASURER: Mary Mac

I don't have anything to say at this point, beside glad to be back for service.

With God Love, Mary Mac

G. REGIONAL DELEGATE & ALTERNATE: Chris A & bill O

RD TEAM GAVE A JOINT REPORT

Dear Family, First, we'd like to thank Scenic Bluffs Area for hosting the RSC this cycle. This will be a team report as we have been working together and separate reports would be redundant.

We were directed to research the IP "For the Parents and Guardians of Young People in NA." We've done the research, and here are the results. The original review and input draft of "For the Parents and Guardians of Young People in NA" became available to the Fellowship in April 2007. Here is a link to the article on the NAWS site. <http://web.na.org/?ID=naway-en-Apr07-en-naway0704-sect6>

The draft went through the review and input process until a final draft was published in the CAR 2008, addendum E. The explanations and motion for approval of both the Youth IP and the For Parents IP are located in the CAR 2008, pp. 31-32, motions 7 and 8. To the best of our knowledge, no challenges to the content on the basis of Tradition violations were presented throughout the review process. The motion to approve was passed by a voice vote on the floor of the WSC.

It was M/C World Board, Motion #8:

To approve the draft of For the Parents or Guardians of Young People in NA contained in Addendum E as IP#27.

Intent: To have an informational pamphlet that helps explain Narcotics Anonymous to the parents and guardians of young recovering addicts.

Action: Motion carried by voice vote.

The results were published on page 7 of the WSC 2008 Summary of Decisions.

http://web.na.org/admin/include/spaw2/uploads/pdf/conference/WSC_2008_Summary_of_Decisions.pdf

The following is an excerpt from the Public Relations Handbook, Chapter 6, p. 55. Please note the references to Nar-Anon and Families Anonymous. These also passed without challenge.

Cooperating with parents and guardians:

Working with youthful offenders may include interacting with parents or guardians. Members, in the spirit of cooperation, can inform parents and guardians about resources for family members of addicts. Nar-Anon is one of those resources, but there are also information lines, community services, and Families Anonymous, to name only a few. Cooperating with parents and guardians does not include delivering messages or gifts to incarcerated minors. The facility and area guidelines can outline the appropriate level of cooperation with parents and guardians

All of the above information has been confirmed as accurate and correct by a BoD member. We also contacted Fellowship Services at NAWS. Steve R. Fellowship Services Team Leader responded:

Hi Chris – It was good to talk with you today. Attached are the portions of the 2008 CAR that discuss the IP. I hope that is helpful. And again, editions of NAWS News from the 06-08 conference

cycle are sure to have additional information. Here is a link to those materials:

<http://www.na.org/?ID=reports-nawsnews-nawsmain>

Regarding forwarding a regional motion, the excerpt below from page 14 of *A Guide to World Services* offers direct information, but to help provide a comprehensive perspective, I have gathered a few excerpts:

From the Introduction: Regional motion deadline: Motions must be received by 1 August and be in CAR-ready form by 28 August 2009. We encourage all delegates to begin a dialogue with the WB ahead of this deadline. We will attempt to help you find ways to get your issue discussed by conference participants.

From page 11: Delegates should not delay submitting their ideas until the deadline for the Conference Agenda Report. Using a regional motion to forward an idea is not the most effective way to have an idea discussed and will likely postpone full consideration of their ideas as projects for at least two years. The conference has repeatedly voted to not have production issues related to literature, key tags, and medallions decided through the CAR. These types of issues should be sent directly to the World Board. A regional motion should only be used when all other avenues have been tried and exhausted. As described above, the conference is able to reach its best decisions only when adequate discussion of an idea has taken place. This takes place throughout a conference cycle.

There are a number of more effective ways to communicate your ideas: We have an Issue Discussion Board as well as a Conference Participant Bulletin Board; the World Board attends many forums and fellowship events; and the World Board members can be contacted individually or you can put your issue in front of the entire board. NAWS staff can also be contacted with questions at any time. Consensus-building takes communication and is only as effective as each participant makes it by their participation. It takes the ongoing involvement and participation of all conference participants in the two years between conferences to make this system successful. Ideas can build and grow and develop through ongoing discussion, and the board will help participants in any way they can.

From page 14: The Conference Agenda Report includes reports, proposals, and motions from the World Board and any proposals or motions submitted from regions. (Regional motions will be included in their own section and have the same number when presented on the conference floor.) Regional motions must be submitted two hundred and forty (240) days prior to the opening of the conference. All motions will include a written intent. Regions are allowed up to 150 words to describe the reasoning behind, and consequences of, their regional motions in the Conference Agenda Report. The World Board also includes a recommendation in order to provide the fellowship with as much information as possible when considering the idea

We recently received copies of the NAWS Annual Report (2007-2008) and a review and input copy of the first 2 chapters of *"Living Clean"*, a book length piece currently in development. Links to this project and other topics from this report can be found at the end of this report.

Work continues on the Rural Recovery Workshop for WSNAC. We are presenting worksheets for approval to the Midwest Zonal Forum in Ohio next weekend. We have also presented a flier for approval to the WSNAC Committee. We look forward to seeing you all there at the workshop.

Last cycle we reported on our contact from the Iowa Region requesting help getting a facility on the Iowa side of our common border served with an H&I meeting. We are happy to report that there is now a monthly meeting going into that facility. We would like to extend our thanks to the "Prairie Dogs" in Prairie du Chien for stepping up. Your commitment and willingness serve as an example to us all.

Chris and I will be attending the Midwest Zonal Forum in Ohio on July 22-26. The Zonal Forum will meet on Friday evening starting at 6pm. On Saturday we will be in workshops with NAWS from 9am till 5pm. The workshops will be *"Our Freedom / Our Responsibility"*, *"Living Clean, the Journey Continues"*, and *"Our Service System"*. We look forward to bringing back lots of new information. The Zonal forum will meet again for a formal session on Sunday till about 3pm. The hotel room has been secured. We will be requesting funding for 4 days per diem at \$30 per day each (\$240) plus mileage of \$275. (1100 miles @ \$0.25 per mile)

That's all for now. Thanks for letting us serve.

Your Delegate Team, Chris K. (RD), Bill O. (RDA)

Links

Periodicals and Reports;

<http://web.na.org/?ID=reports1>

April 2007 Article in the NA Way describing the Youth IP's review and input process:

<http://web.na.org/?ID=naway-en-Apr07-en-naway0704-sect6>

2008 Conference Agenda Report'

<http://web.na.org/?ID=2008car-toc>

WSC 2008 Summary of Decisions:

http://web.na.org/admin/include/spaw2/uploads/pdf/conference/WSC_2008_Summary_of_Decisions.pdf

Guide to World Services:

http://www.na.org/admin/include/spaw2/uploads/pdf/handbooks/2008_GWSNA_Jun08.pdf

"*In Time of Illness*" Revision Project;

<http://web.na.org/?ID=ITOI-index>

"*Living Clean, the Journey Continues*" Project;

http://web.na.org/?ID=Living_Clean_Project

"*Self Support*" Project

<http://web.na.org/?ID=self-support-index>

Addendum to report was given on floor:

World Unity Day will be August 22. Individual members, groups, area/regional functions, and institutions can join in the celebration of World Unity Day. This is a two-hour telephone hookup to the Saturday night main meeting of WCNA 33. The cost is \$50 for calls within the United States/Canada. One free hookup will be provided for each region outside the US and Canada! Specific event time will be announced in the near future. Registration deadline is August 1.

An NA Worldwide Workshop will be held on November 20-22, 2009, in Boston, MA. Registration is free. Please see attached flier.

The 2nd printing of the 25th Anniversary Commemorative Edition of the Basic Text has been sold out at NAWs and has been discontinued. Some new products will be available starting in September. A new Basic Text Gift Edition is being produced. It is similar to the 25th Anniversary Edition with the exception that it has blue leather instead of purple and comes in a gift box. It is not a limited edition and is not numbered. There will also be a matching Basic Journal. A new pocket sized Basic Text will also be available. It will only be printed as a soft cover. New medallion holders will also be produced.

The Conference Agenda Report (CAR) will be available on November 25, 2009. Conference Approval Track (CAT) materials will be available December 25, 2009. Regional report deadline is March 1, 2010.

The World Service Conference is April 25 – May 1, 2010. The deadline for Region, Zone and World Board candidate submissions is October 31, 2009. The above information is taken from the Guide to World Services 2008 – 2010 Conference cycle.

The Midwest Zonal Forum will meet in Chicago in February for a CAR review. If your Area would like to have a Delegate visit to help facilitate a CAR review, please contact us and schedule a date.

That's all for now. Thanks for letting us serve.

Your Delegate Team, Chris K, Bill O

H. WRSO REP; Gene J

Absent

I. WISCONSIN NA CONVENTION ODD YEAR: OPEN

J. WISCONSIN NA CONVENTION EVEN YEAR: Gene J

Absent

AREA REPORTS:

A. **BADGERLAND:** Mark N RCM

Groups – We have one new group that has started in one of the tough areas of town. It is called Show Up To Grow Up. It is a step study meeting. It is interesting to note the increase in attendance at some meetings while others decline. 7th tradition contributions continue to remain low. At our ASC meeting I really stressed how broke that the region really is. We wanted to motion a donation but have not made a literature order with the WRSO and are \$500 under working reserve. Our literature chair has had extenuating life circumstances. Bill O has been very patient with me and the meeting lists. At the ASC meeting, I finally have a clear picture of the process. Groups have the responsibility to register with world. GSR's are responsible to get the group info to the Outreach chair. The Outreach chair formats the list and then gives it to the printer servant and the web slaves Ren and Stimp. I the RCM, am responsible for getting things straight on Bill's spreadsheet. Whew! We shall never be organized!

Our webslaves have BadgerlandNA.org in great shape and I believe we are cool with the regional site as well. Our chair Kim has resigned to start a new adventure in the sunshine state. We miss her so much that unofficially we have designated FFS a new Instant messenger abbreviation. Kim gets the credit for coining the original phrase "For F**k Sake". Wes the vice chair has been voted in as chair and will become quite proficient in a very short time. We have a temporary secretary Valerie who is very good. She just hasn't decided if she will take a full term commitment (smart lady). Our new treasurer Patty S is doing an outstanding job.

More and more of our subcommittees are considering following suite of H&I's Diane H. they are having their meetings electronically. Either by email or a social networking site.

Activities does the buying for our 3 summer picnics all at once. But they account for the expense at the first one. So our first one showed a huge loss. Remember, RCM's, Badgerland has a picnic function every month in the summer and a campout on labor day.

Our discussion centered around how to get more information into treatment centers and other treatment facilities like Mendota mental health. And the women's ARC treatment facilities.

Mark N.

B. **BASIC:** Pete T RCM

Hello family from Basic Area our vote was overwhelmingly NAY on rescinding IP#27. BASIC Area is now holding open meetings every meeting is having at least one open meeting per week, w/Sat nite being an open meeting every Sat. Yes, we would like region to have an H&I chair. Whenever questions arise pertaining our H&I committee, there is no answers except to approach next level, World? I had mentioned to 8 of our GSR's and the Area Board about Regions notice of donations, or lack of donations, our area being as small as it is, barely having enough funding to send me to Region.

Happy to be of service & God Bless, Peter T

C. **BIG RIVERS:** Michael C RCM, Bob W RCMA

BRASC did not have quorum this last area so I do not have anything to report.

Our July dance was cancelled mid month by the Activities committee and I personally am frustrated that they did not make a better effort to make this fact known by making changes on the BRASC or the WRSC web sites or any other communication method. It is my understanding that the dances are cancelled until October. We are still having the speaker meeting the second Saturday of each month at 7pm at Coulee Council on Addiction.

Let Loose 4 Wyalusing State Park, Sept 25-27, 2009 (Lodge/Bunk camping) Speakers, workshops, Mississippi canoe trip, Stargazing in observatory, campfire meeting etc.

I will not be here next cycle as my niece is getting married that weekend. BRASC currently does not have a RCMA, I will encourage them to solve this open position.

ILS Bob W

D. **CHIPPEWA VALLEY:** Steve H RCM

Hi family not to much going on. Our meetings are still growing and going strong. The 4th of July picnic had a really good turn out. A lot of people showed up.

Elections happened in June. We got almost all our chairperson positions filled. So area is growing and more

people are getting involved which is always a positive. We also got GSR's for most of the groups in the area.

Thanks for letting me Serve, Chris J

E. **INLAND LAKES:** Bob S RCM

Dear Family addict named Bob. This is my first Region as the RCM for ILUA. A big thank you to our former RCM, Brian I, for a job well done. Things are well in ILUA, some meetings could use more support. Up coming functions in our area are the Regional Function, The Common Denominator at the 12 Solutions Club in Oshkosh on Aug 22 and Kamp Serenity in Wisconsin Rapids on Aug 28, 29 & 30.

In Loving Service, Bob S

F. **INNER CITY:** Tony H RCM

Hi Family Tony H, We now have an Activities chair that is very eager to serve. We are currently working on the Area picnic; tentative day is on Sunday in September, no confirmed date as of yet. Was able to attend service workshop given by a group in Milwaukee Area, which was excellent, not well attended but the information presented was excellent. The worksheet attached to the minutes is such an excellent resource for other areas, but looking back on the regional minutes, as an after thought, using some of the suggestions for getting people to attend service workshop may have help.

Our area is currently looking into the language of our policies, and has now elected a policy chairperson. Convention is an on going topic and hopefully will have some resolution in the next up coming region. Some discussion on the IP pamphlet was done; none of the discussion was for the motion.

That's all I have, thanks Tony H

G. **KETTLE MORAINE:** Cath P RCM, Shaw P RCMA

Absent report sent to Secretary

Hello NA Family! KMA thanks all who support the functions to help us continue to carry the message. Our activities subcommittee has a lot going on – check the website for flyers! “Unity Jam” is right around the corner – July 31 at Camp Y Koda. Spend a day with us on the shores of lake Michigan fishing, sandcastle workshop, kite flying and BBQ at “A Day in the Park” August 30 at Deland Community Center in Sheboygan. Project Hope Encore is September 26th Flyers are also out for the Nerd Dance and the Live the Steps – Note the change in location! I am happy to report I accepted a second term for RCM. Open positions in our area include H & I, Vice Chair, Vice Treasurer, and Outreach. We have 16 meetings in KMA. Three NA meetings are being taken into the Sheboygan Jail (lock-down/men, huber/men and lock-down/women. See you at Region in September!

Thank you for allowing me to serve, Cath P

H. **MILWAUKEE:** Jeff T RCM, Jack M RCMA

Greetings family, I am an addict named Jack! I am proud to introduce our Milwaukee RCMA, Iain M. And offer my thanks to our former RCM Jeff T., who is now our area vice-chair.

We held our annual 3rd of July Fireworks gathering, and there were more than 100 addicts in attendance, including members from Illinois that found us from our flags at the event.

We do have several functions upcoming, including our annual Golfing event. And a group Service Learning Day August 1st, to be held at 3pm, at the meeting facility at, Wauwatosa Presbyterian Church 2366 N. 80th St. Milwaukee, WI 53203

The Fat Addict group held a trusted servants learning day and while it was not as well attended as some had hoped, it was very informative. And well received, we want to thank the ever gaseous Bill O. and the members of the Fat Addict group for their experience, strength and hope. Such as it was so well received; that we as an area, have instituted a GSR's learning workshop before every area meeting.

Our area has giving me a most vociferous and resounding “leave it alone, it works” vote in regards to the IP For parents and guardians, this is as loving and caring as I can communicate this message to you. As there was a very adamant and diminutive opinion expressed at Area and it was resoundingly supported by all meetings. Our prayers go out to Mark H. who lost his son to this disease last month.

In loving service, Jack M

I. **NORTH CENTRAL:** Tammy C RCM, Jaysun C RCMA

Grateful addict name Jaysun C. Hey Family. Well in good old North Central area things area steady moving forward. Despite our PR work in Wausau meeting attendance is low, but steady. Marshfield is strong and steady as well Merrill & Antigo. Stevens Point is strong and steady and we have a new meeting in Point

Thursday @ noon @ 2617 Main St. It is a Basic Text study, open, non-smoking & wheelchair accessible. Of course we formed this meeting right after our new area meeting lists & the Region meeting list went out. Go figure! Other than that we offer our help experience, strength & hope to any area, or group that is in need of it. PS: Don't forget Flower Power on Sept 12th see our great flyer

In Loving Service, Jaysun C

J. **NORTHEAST:** Don B Acting RCM

Good morning Regional family. It's a pleasure to serve just for today. NEW is doing well we had a great time and turnout for our 20th Back To Basics campout and raft race.

NEW is currently revising and updating our guidelines. H&I and PI have combined to become PR and the committee is currently revising the 2 committees guidelines.

Cheryl R is our new treasurer and doing great. Our donation for this cycle should be forth coming, in the mail! Blues By the Bay campout function is coming up in August; I have more flyers with me. We are still in recruitment for RCM & RCMA.

In Loving Service, submitted by Don B

K. **NORTHERN LIGHTS:** Pam RCM, Pete RCMA

Absent

L. **ROCK RIVER:** Marla M RCM, Nancy M RCMA

Elections were held with most positions filled and a newly created position Archives. Our area is moving from a prudent reserve system to a budget based system of accounting. All sub-committees are up and running. We hope to have 2 Spanish speaking meetings in our area soon. Our resurrected Spiritual Retreat is next Saturday July 25th. Our 7th tradition this cycle was \$2831.42 thanks to the RRCNA convention. We hope to be giving to WRSC every cycle due to a change in our policy. Our area discussed extensively the financial support of regional trusted servants. Our area is in favor of FULLY FUNDING trusted servants of the WRSC. We have brought forward a motion from our area moving us in that direction.

ILS, Marla M & Nancy M

M. **SCENIC BLUFFS:** Open RCM, Mike F RCMA (acting)

N. **SOUTHEAST FAMILY:** Jeff P RCM

Good morning family most area meetings report good attendance. Daytime & late night meetings still struggle but haven't closed up. One new meeting "A Vision of Hope" has formed & received a starter kit. This meeting is at 1701 12th Street, Racine WI Friday's 6 pm. We are still in a struggle to fill all area positions. As of last week the Vice Chair & Policy & Administration positions were open. Hopefully this will change in the near future. I also was given a \$500 check for regional donation.

Thank you Jeff P

O. **WOODS & WATERS:** Rand W RCM

Absent

P. **UPPER PENINSULA:** Open RCM, Elaine E RCMA (acting)

Hi Family my name is Elaine grateful recovering addict. I am here to represent U.P. Area. We are now officially revived. Going strong with groups from Escanaba, Iron Mountain and Marquette. We had approximately 30 addicts show up from groups and support from other areas at our last meeting in June. We would like to thank all of the surrounding area for all of their help. We have received support of literature that went into our area treatment centers. Also GSR orientation forms, Experience, support, knowledge... Etc. Support has been plentiful and we the area GSRs are extremely grateful to everyone. At our next meeting we are going to hold nominations for service positions and then the following meeting we will have elections. We see some strong willingness from addicts who want to learn about service work and unity in Narcotics Anonymous. Our next area meeting will be next Saturday, July 26 at Orianna Ridge Community Building in Marquette from 3:00pm to 5:00pm with a spaghetti dinner.

P.S. our focus is subcommittee is activities and PI (meeting list). I did bring a copy of meeting list from our area.

In Loving Service, Elaine

Break 11:35am - - Reconvene 11:45am

SUBCOMMITTEE / ADHOC REPORTS:

Q. **ACTIVITIES** –Ashley S– 11:45am

Good morning family, Grateful addict named Ashley. Thank you for this opportunity to serve. I am excited to say that “Our Common Denominator” is on track. The chefs are in contact. DJ and speakers are in motion.

Solutions recovery club is still in the know. I have brought more flyers and encourage EVERYBODY to be promoting this function. I believe this is going to be a great opportunity for fellowship and unity.

Next on the agenda is the conversation of conjunction functions. I had expressed that if areas are interested in hosting a function in conjunction of regionals, that I need to be contacted via e-mail. In the past two months, I have not received one e-mail. There was an extensive conversation on more areas wanting to be involved, yet there has been no e-mails. There is only one of me and roughly twelve of you. I cannot read minds

And last but not least. ...the first annual paintball function. The date is set for October 3 at Stalker Paintball. The function would start with an 11:00am speaker. I spent roughly two hours at the facility looking at equipment, courses, and talking with the owner. The owner is very eager to work with us, and gave us a SUBSTANTIAL discount. The individual will be paying \$22 for 500 paintballs, all equipment, as well as field time. It is not required that you play paintball, feel free to just listen to the speaker. I know that the price seems a bit steep, but this is about a \$40 value.

During the subcommittee meeting, the function “Cold Turkey” being a conjunction function. I believe that it would be in good interest to support this longstanding function. As far as “Our Common Denominator” a concern was brought up that the fog was too much for the dance and that the tempo was not also appropriate for dancing. The fog machine will not be a nuisance any longer, as it is not going to be brought to the function. As far as the music goes, there is no way to please everybody. The idea was brought up of a suggestion box. With the paintball function, discussion of consents, clothing, and experience level ensued. Consent is covered by the paintball facility. Long sleeved clothes will be encouraged on the flyer. The concern of paintball experience was covered in the fact that there are many different fields for many different levels. It does not all have to be running around and tumbling in the ground. Again, I am excited about this function and appreciate all of the input.

ILS, Ashley S

Break for Lunch – 12:15pm - - Reconvene at 1:25pm

ROUND TABLE DISCUSSION requested by Scenic Bluffs Area, start time 1:25 pm

TOPIC: Service Work Burnout and Boundaries

- Learning how to set boundaries in service work to not get burned up & taking on too much learning balance
- DOES THE SURVIVAL OF NA DEPEND ON YOU
- Often we think that is the way it is, no one will come to the plate if the plate is covered
- Whatever level you serve there may be vacancies that falls onto one person
- If a meeting can not survive without a person it is not a group anymore
- Sometimes the only way to get something done is to let it fail
- Sometimes will take many years to get fixed, if the fellowship thinks it is needed the money/bodies will appear
- NA does not depend on me
- Services may suffer for awhile but will get filled
- Sponsors can pull the sponcer's into service to get an idea of what service is like, teach and also step back
- If someone wants a service the position will be filled, people have to decide what is important to them

- Burnout is different to each person
- New to the service level liked be involved and was encouraged in service, allowed to make mistakes but also guided, need to stay teachable
- Oldtimers did not do if for me but helped me do it
- Delegating and asking for help is what people need to do, personally asking a member to volunteer
- We need to be teachers not let people learn all on their own
- Sponsorship drives people to service
- We need to help newcomers not be afraid of mistakes
- I only have one head I only need to wear one hat
- Burnout sometimes comes from pure resentment, we can offer knowledge and guidance but not do everything, we need to let other people jump in
- Solution is putting principles before personalities, we need to be careful about chasing away people when we don't want to hear the truth, what are principles
- Most of this comes down to individual recovery
- What are the solutions?

Closed AT 2:10pm

REVIEW HOW TO DO A ROUNDTABLE DISCUSSION

1. Leadership of meeting (who writes, facilitates)
2. Review:
 - a. Purpose
 - b. Ground rules
 - c. Brainstorming Guidelines
 - d. Timeline
3. Define problem (who, what, when, where, how.....)
 - a. What works what needs help
4. Solutions: Brainstorming Guidelines
5. Actionalble items.....where do we go from here

R. **OUTREACH** –Vacant– TIME

No report

**Change the order of the day – move back into Activities subcommittee meeting

S. **PUBLIC RELATIONS** –Vacant– 2:15pm

Report by Bill

Dear Family, Public Relations remains busy.

The Regional meeting directory is here. The Region has grown by 15 meetings this printing cycle, or 3.6%.

Distribution lists will accompany your allotment. We have also included a Regional growth chart detailing the number of meetings and the percentage of Regional growth for each printing of the directory since May 2004. There are 1,000 directories allotted for H&I.

The website is moving to its new home on Hostmonster. The webservants are working to resolve a few issues common to a move of this nature. The new host will provide better service at a lower cost. Our current contract runs until July 27. When the actual changeover occurs, there may be a brief (few hours) period that the site may be inaccessible. We will try to do that overnight when the site gets less traffic.

The National Rural Institute Conference went well. (Please see the attached report.)

Upcoming Conferences:

Poverty Matters Conference, Appleton, Sept 17-18. As it has been for the past two years, the exhibit fee is being waived. We are requesting literature in the amount of \$70 to be ordered from WRSO.

28th Annual Wisconsin Correctional Assn. Conference, Appleton, Sept. 28-29. We are requesting

funding for this budgeted conference in the amount of \$400, and literature in the amount of \$150 to be ordered from WRSO.

5th Annual Mental Health and Substance Abuse Services Training Conference, Appleton, October 28-29. We will request funding for this conference in September.

That's all for now. Thanks for letting me serve. Bill O.

NRIADA_2009_Report

Greetings, For the 3rd consecutive year, the Wisconsin Regional Service Conference attended the National Rural Institute as it held its 25th Annual conference on Alcohol and Drug Abuse on May 31- June 4, 2009, in Menomonie, WI, at the University of Wisconsin Stout campus. Gene J. and Bill O. attended the exhibit for the Region. The conference provides participants the opportunity to personally interact with other rural alcohol and drug abuse professionals, federal agency representatives, and nationally known institute faculty and resource persons. This conference is unique in that it blends clinical and spiritual approaches to recovery in equal parts.

The Conference is co-Sponsored by:

- American Indians Against Abuse
- Center for Substance Abuse Prevention (CSAP)
- Center for Substance Abuse Treatment (CSAT)
- National Rural Alcohol & Drug Abuse Network, Inc. (NRADAN)
- Oneida Tribe of Indians of Wisconsin
- Scaife Family Foundation
- U.S. Department of Justice, Bureau of Justice Assistance
- Wisconsin Bureau on Mental Health and Substance Abuse

This year 39 states were represented, including Hawaii, with about 250 participants in all. We saw many of the same people again this year, made new friends, and were welcomed by all. Our exhibit was visited by most, if not all of the conference participants over the 3 ½ day run. Many of these visitors returned several times for additional literature and information. Several NA members were in attendance as conference participants, from as far away as Vermont and Hawaii, and NA meetings were available each night. Many took advantage of the opportunity.

Our participation in previous years has not gone unnoticed. In 2007, our first year of participation at this conference, many of the rural professionals did not know who we were. NA was virtually unknown. In many of these rural communities throughout the country, AA is the only program available. In 2008, our second year at the conference, the professionals in attendance now knew something about NA, and were beginning to recognize us. The seeds were planted.

This year, interest in our exhibit was much more pronounced. We displayed a full range of information pamphlets, White Books, CD's, mini's, and complete sets of books, in both English and Spanish. We also displayed key tags in all languages, and again, these drew much interest. The multi-language key tags started many conversations about the broad global scope of the NA program. The Spanish literature drew more attention than in previous years. The Wisconsin Regional Service Office (WRSO) brought books and some merchandise for display and sale. Our experience has been that the interested professionals wanted to purchase books, and we made them available for sale.

The conversations this year took on a different tone. Many of the professionals wanted more specific information than in previous years. The most common question we were asked this year was "What's the difference between NA and AA?". We were most happy to answer that in depth. Another was "How do we get a meeting started?". We were thanked many times for our presence, and asked if we would come back again next year. Our Public Relations efforts here are having a positive impact on the professionals in attendance and on recovery in rural communities across the country. Our public image as a viable program of recovery is growing in new places. The seeds are taking root and sprouting.

The opportunity exists for NA to get on the program as either a special topic (1 ½ hours) or a mini-workshop (4 ½ hours taught over 3 days). We could also provide an open speaker meeting one evening of the conference. We will be exploring these possibilities for future conferences. Our recommendation is to continue to support and attend this conference.

In Loving Service, Bill O

PR AREA REPORT: Big Rivers Area given by Duane T/Mickey C

The Big Rivers area continues to distribute the message of recovery thru the program & fellowship of Narcotics Anonymous. In May we manned a display table @ Lacrosse Family Abuse Conference hosted at the Radisson Hotel (on the river). We were very well received and applauded for our contribution by the conference director, justice sanctions, drug court & those seeking to implement the new veterans courts. We were invited by the programming director to have our display table next year @ The National Family Abuse Conference @ Lacrosse Community Center for 3 (count them three) days. BRASC funded this display & presence. For the National Conference, next year we are asking for assistance for this conference, from WRSC. We hope to have this added to WRSC-PR budget.

On June 8th & 9th BRASC hosted a PR display table @ The Trauma Conference and was the only display @ the conference. We were well received & received a case of introductory guides from NAWS/PR for distribution. Narcotics Anonymous was officially invited to attend the "Suicide Prevention" Conference hosted by the same people that brought you the Trauma Conference. They were so impressed by the professional presence we displayed @ prior conferences and the service NA provided prior. AA was not represented at these conferences.

Big Rivers ASC/PR subcommittee holds enough literature to supply this table/display. Our subcommittee has exceeded this years budget by over \$100.00 & requests a registration fee of \$70.00 from this body. A motion is being presented.

25 Public Informative signs/placecards were purchased for the 21 buses in LaCrosse. The cost was approximately \$10.00 each and are now being displayed with laminated signs. This body was asked for other areas to contact us to put in an order for a larger quantity to decided to "go it" alone w/Wisconsin & Minnesota Regional toll free phone #.

PS Public Service announcements were downloaded/copied & distributed to radio stations in Tomah, WI and are being aired.

In Love of Service, Mickey C

T. **POLICY** –John H– 2:35

Howdy Family I have received no copy/edit input for the guidelines. I did have some difficulty in sending the "final version" of them (without the tracked-red). I hoped the hard copy I passed out last RSC would be enough.

Today I have received a little input and have some input of my own in need of direction. A) Would you like the orientation guidelines as an addendum? B) Redress is not in place yes C) What do you wish me to do with GSR Orientation? I need to print by March 2010 so.... Unless directed other wise I will have a draft #2 printed next Sept RSC.

In Service John

**2:38PM Change order of day to RD team report, will appear in correct location in minutes

Break 2:50pm - - Reconvene 3:00pm

U. **HOSPITALS & INSTITUTION** –Vacant– 3:02pm

No issues brought from areas – no report

V. **LITERATURE** –Nancy M– 3:03pm

Received an email from World asking for messages or stories on relationships. Listed below are the types of relationships World is looking for the "Living Clean" project.

1. Biological family
 - a. Family of origin
 - b. Creating new families
 - c. Adopted family/blended families
 - d. Parenting our children
2. Our parents

3. Na as family
 - a. Relationships with other addicts using/clean
 - b. Relationships with newcomers
 - c. Moving forward when you're the longest timer in the room
 - d. Relationship with the fellowship
4. Service
 - a. Coming over from another fellowship
5. Romantic & Non-Romantic relationships
 - a. Living together/marriage
 - b. Divorce / Breaking up
6. Alone vs Lonely
7. Intimacy and Trust
8. Commitment
9. Sponsorship (as an oldtimer we help each other)
10. Peers
11. Relationships with Non-Addicts
12. Core Issues

Please send your personal messages/stories to:

<http://naws.org/lc/index.php?action=pm;sa=send;f=inbox;pmsg=151;quote=u2>

If you or someone you know has any experience, strength and hope in any of the above topics, please write them down and send them to the following email address.

In Loving Service, Nancy M

W. BUDGET PLAN FOR TRUSTED SERVANTS ADHOC –Bob C– 3:10

No discussion from floor about this – motion from an area

BASIC SERVICES 3:10pm

- A. Approval of last cycle minutes –
Minutes approved

B. ELECTIONS:

Outreach unity – Mark decline

Public Relations – Brian decline, Doc decline

July Secretary – Doc decline

H&I – None

WSNAC odd yr – Mark N accepted – voted in

WRSO Pool – None

WSNAC Pool – None

C. MOTIONS:

MOTION 05-09.N1: ILUA direct its RCM to promote the following motion at WRSC. To rescind the IP “For the Parents or Guardians of Young People in NA”

INTENT: Tradition 6 & 10 violations:

Tradition six states: And NA group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose. 1st Violation: Our primary purpose is to carry the message of NA to the still suffering addict (not their parents or guardians). 2nd Violations: Direct endorsement in last paragraph under support for families (such as Nar-Anon and Families Anonymous) pg. 69 6th Addition Basic Text. Endorse: To sanction, approve or recommend. Simply by stating family members can find support through Families Anonymous & Nar-Anon is a recommendation & direct endorsement. Regardless of the fact that it is stated we don't recommend one over the other.

Tradition ten states: Narcotics Anonymous has no opinion on outside issues: hence the NA

name ought never be drawn into public controversy. 1st Violation: Parents and guardians of addicts are an outside issue. Due to the fact that our primary purpose is to carry the message of NA to the still suffering ADDICT. As stated in It Works How & Why (bottom of pg 189) Narcotics Anonymous itself is united in having no opinion on any issues apart from its own program.

MOTION: motion to take to areas – was 2nd – motion to table – no objection to table
 MOTION back on floor – FAILS

FINANCIAL MOTIONS:

1. **MOTION 09-09.F1:** That the RSC fund 2 double rooms for Friday and Saturday night at each meeting. Once room for males, one room for females.
INTENT: To move toward fully funding our trusted servants.
Amendment: Move motion to the topics section of the agenda “Trusted Servants Funding”
MOTION – Passed with amendment

2. **MOTION 09-09.F2:** To approve an additional \$100 for additional night lodging for our trip to the Midwest Zonal Forum.
INTENT: To ensure safe travel conditions for the return trip.
MOTION – Passed

3. **MOTION 09-09.F3:** To reimburse BRASC/PR chair person for \$70.00 registration fees for Suicide Prevention Conference for BRASC to present NA/PR table @ conference.
INTENT: To carry the message of NA @ MH conference.
MOTION – Fails

D. BUDGETS: None

Original list of Topics on board from reports 4:15pm BREAK - -- RECONVENE 4:30pm

Signature 2 signatures on WRSC checks	Trusted Servants Funding	Capture the T
Registered agenda	Is the agenda working	2010 Rural institute conference
Location of Sept Regional W&W is not ready	Election clarity - Guideline of holding positions	

Prioritized list of Topics by RCM’s

DISCUSSED IN ORDER CHOSEN BY RCM’S

1. TOPIC 1 Location of Sept Regional W&W is not ready – 4:30pm
 - Per the W&W Chairperson Larry K they are not planning for regional conference in September
 - BASIC area is volunteering – but does another area in the quadrant want it
 - UP is willing to host

2. TOPIC 2 Is the agenda working – 4:40pm
 - WILL DISCUSS AT SEPT ROUND TABLE

3. TOPIC 3 Trusted Servants Funding – 4:42pm
 - This topic actually started many years ago when we wanted to up the participant fund was motioned to go up from 50 to 75
 - That would cover 12 + adhoc chair people
 - Discussion about affordability

- Greg will chair an adhoc that will meet at lunches each cycle to look at this issue “Trusted Servants Funding” to be presented to the floor in Jan cycle
4. TOPIC 4 Election clarity - Guideline of holding positions – 5:15pm
 - Straw pole to draft a guideline about RCM being voted to any position here at WRSC
 - Straw pole was taken, the policy chair will draft a couple of versions to present at next cycle
 5. TOPIC 5 Capture the T – 5:21pm
 - Great for unity, critical mass for meetings: a T-shirt is “capture” from one meeting by 3 people of a another meeting, and then another meeting will send 3 people will “capture” and each group that captures the t-shirt will sign it. The shirt was then stuffed and made into a pillow and auctioned off at a function.
 - Another group also did this with a flag
 - Maybe region can do this at an area meeting
 6. TOPIC 6 Signature 2 signatures on WRSC checks – 5:26pm
 - We can save \$45 a month, the bank would only require one signature, but we could still at our level require more than one signature
 - One area has the treasurer fill out checks but others sign the check, or change banks
 - Discussion about logistics to remove the charge
 - Treasurer will get more information and bring
 7. TOPIC 6 Registered Agent Election – 5:26pm
 - This is the address that is registered in case we are sued by someone, a legal address, this is not an official position of the region
 - Straw pole to floor
 8. NRIDA conference
 - Our presence is being noticed there – we have the opportunity to get on the program – which would be a 1.5hr special topic workshop
 - Cost is unknown
 - Asked to bring back more info

OTHER BUSINESS:

- Read motions and other business to be sent back to areas.
- Announce next meeting location; all other announcements.
- Closed with a group hug.

CLOSE @ 6:00 pm

**NEXT WRSC IS TO HOSTED BY UPPER PENINSULA AREA
IN IRON MOUNTAIN WISCONSIN AT RECREATION LANES
HOTEL RESERVATIONS: COMFORT INN 1-866-774-5505
PLEASE SEE ATTACHED FLYER FOR MORE INFORMATION**

AREAS HOSTING WRSC SCHEDULE

SEPTEMBER	2009	4C WOODS & WATERS
NOVEMBER	2009	1D INNER CITY
JANUARY	2010	WSNAC Hosting Area